



Travel Top-Up Days BENEFITS

Travel Worldwide is restricted to MEDICAL EMERGENCIES and covers MEDICAL TREATMENT; EVACUATION; RELOCATION AND REPATRIATION as per SECTION 5 of the Terms and Conditions, up to the limits indicated, per plan, as indicated in the table below:

MEMBER TRAVELLING TO:	DIAMOND PLAN	EMERALD PLAN
THE REGION: Zimbabwe, Angola, Botswana, DRC, Malawi, Mozambique, Namibia, Tanzania, Zambia, South Africa, Lesotho and Eswatini	No Travel Top-Up Days required. Always carry your membership card on you.	No Travel Top-Up Days required. Always carry your membership card on you.
SUB-SAHARAN AFRICA: The African continent south of the	No Travel Top-Up Days required. These trips are limited to a maximum	No Travel Top-Up Days required. These trips are limited to a maximum
15º north latitude, includes Madagascar, the Comoros, Mauritius, Reunion, Seychelles, South Sudan, Chad, Niger, Mali and Mauritania.	of 90 days. Please check with your Agent / Regional Office. Always carry your membership	of 90 days. Please check with your Agent / Regional Office. Always carry your membership

Worldwide Travel Top-Up days benefit - MAXIMUM TOTAL OF 90 DAYS per member, per subscription period inclusive of travel to USA / Canada* *Travel to USA / Canada limited to 30 days, per member, per subscription period included in the maximum of 90 days.

WORLD-WIDE EXCLUDING USA / CANADA This includes all countries in North Africa above 15° north latitude.	Travel Top-Up Days required. Complete a Travel Top-Up Days Form & submit to your Agent / Regional Office. First 45 days FREE and thereafter the Member may purchase the remaining travel days up to 90 days per subscription period. Cost \$10.00 per person, per day. Family of 3 or more, who are on the same policy and travelling together, \$20.00 per day.	Travel Top-Up Days required. Complete a Travel Top-Up Days Form & submit to your Agent / Regional Office. First 21 days FREE and thereafter the Member may purchase the remaining travel days up to 90 days per subscription period. Cost \$10.00 per person, per day. Family of 3 or more, who are on the same policy and travelling together, \$20.00 per day.
Travelling to USA / CANADA (Maximum of 30 days per member, per subscription period) <i>Please Note: Free days are not applicable</i> <i>for travel to USA / Canada.</i>	Travel Top-Up Days required. Travel to USA/Canada limited to a maximum of 30 days, any one trip and in any one subscription period. Complete a Travel Top-Up Days Form & submit to your Agent / Regional Office. Cost \$10.00 per person, per day. Family of 3 or more, who are on the same policy and travelling together, \$20.00 per day.	Travel Top-Up Days required. Travel to USA/Canada limited to a maximum of 30 days, any one trip and in any one subscription period. Complete a Travel Top-Up Days Form & submit to your Agent / Regional Office. Cost \$10.00 per person, per day. Family of 3 or more, who are on the same policy and travelling together, \$20.00 per day.
TRAVEL COVER LIMIT	USD 250,000 any one trip, any one subscription period.	USD 100,000 any one trip, any one subscription period.



Special Requirements

Members aged 70+ must provide a 'Fit-To-Fly' letter from their G.P. / Specialist and submit this letter together with their completed Travel Top-Up Form.

Members who have undergone surgery / treatment 6 months prior to travelling must provide a 'Fit-To-Fly' letter from the treating Specialist and submit this together with their completed Travel Top-Up Form.

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